

# BPD

# PRINCIPLES OF CARE

## FOR BORDERLINE PERSONALITY DISORDER



**CREATE A  
COLLABORATIVE  
THERAPEUTIC  
RELATIONSHIP**



**ADOPT A  
RECOVERY  
FOCUS**



**USE TRAUMA-  
SENSITIVE CARE**



**BALANCE  
VALIDATION  
AND CHANGE**



**WORK WITH  
FAMILY &  
FRIENDS**



**USE A TREATMENT  
FRAMEWORK**

**Learn more about the Principles of Care for BPD.  
Check out our resources at [bpdawareness.com.au](http://bpdawareness.com.au)**