

# BPD AWARENESS WEEK 2021



**Join us for two online webinars + Q&A sessions during BPD Awareness Week**

**October 6th: 7.30-9pm**

**What's the HYPE about early intervention?**

Prof. Andrew Chanen (Orygen) + Dr Louise McCutcheon plus other guest speakers, discuss the benefits of identification and early intervention of youth with BPD. They will also introduce the Helping Young People Early (HYPE) program delivered at Orygen.

**October 7th: 7.30-9pm**

**Wise Mind**

Skill training presented by Marie-Paule de Valdivia (NEABPD USA). Wise Mind is a core concept in DBT, and includes rational mind and emotion mind. Using both facts and emotions supports wise decisions and responses for better communication.

**For more information & to register:**

**BPD AWARENESS WEEK EVENT**

[www.bpdaustralia.org](http://www.bpdaustralia.org)