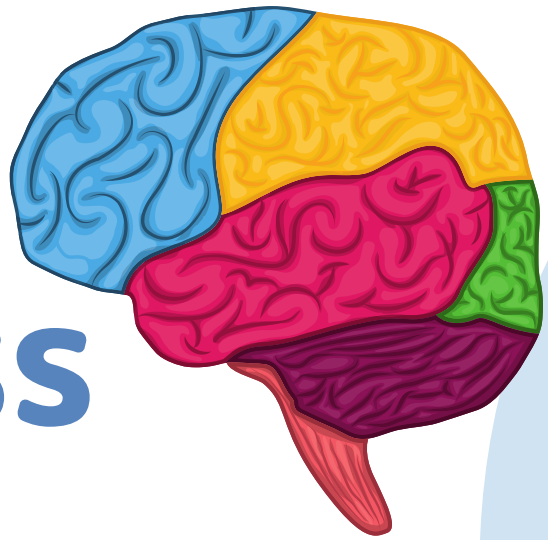


BPD AWARENESS WEEK



Have you been diagnosed or identify with Borderline Personality Disorder?

Join us for some 'Come & Try Activities' from 5th - 8th October

5th October -Nature Walk & Nature Mandala

6th October -Mindfulness & Art

7th October -Using Art to create a Personal Reminder for Wellbeing

8th October -Family & Carer Forum

Places are limited!

Contact 8531 1303 to book your place



Murray Mallee
General Practice
Network

