

BPD Awareness Week

My Voice Matters

Creative arts workshop



Join us for this creative arts-based workshop, held across two days, for individuals living with emotion dysregulation, and their carers. Using a range of different mediums, participants are invited to produce art that amplifies and articulates their experiences and voices in context of their journey. Artworks will be featured in a community exhibition held during Borderline Personality Disorder (BPD) Awareness Week in October.

Organised in association with National Education Alliance BPD Australia, BPD Awareness week, the BPD Collaborative, and Mental Health Coalition of South Australia.

When: Monday 13 September 2021 and Thursday 23 September 2021

Time: 11:00 am – 3:00 pm

Where: Mind Australia, Mile End
73 Henley Beach Road
Mile End SA 5031

RSVP: Friday 10 September 2021

Contact Katey Bereny on
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