

**BORDERLINE
PERSONALITY
DISORDER** AWARENESS
WEEK 2021

DISCOVER CREATIVE WELLBEING

1 - 7 OCTOBER 2021



Australian BPD
Foundation Limited
*Support Promote Advocate
for Borderline Personality Disorder*

BPD AWARENESS WEEK EVENT

EVENT: DEEP SEAS PRESENTS:
BEGINNERS ART

DATE: 5TH OCTOBER 21

TIME: FROM 11AM

WHERE: BOTANIC GARDENS

MEETING POINT: FRIENDS GATE OFF OF BOTANIC
ROAD

ABOUT:

WELLNESS WORKSHOP IN THE LATE MORNING CONNECTING
CREATIVELY & WITH NATURE. DESIGNED & RUN BY SOMEONE
WHO LIVES WITH BPD FOR OTHERS LIVING WITH BPD.
OPEN & AVAILABLE TO EVERYONE.
INSPIRED BY DBT SKILLS FOR YOU TO CONNECT WITH YOUR
INNER SELF & OTHER LIKE MINDED PEOPLE.

FOR MORE INFORMATION & REGISTER:

[WWW.DEEPSEAS.COM.AU/EVENT-
DETAILS/BEGINNERS-ART](http://WWW.DEEPSEAS.COM.AU/EVENT-
DETAILS/BEGINNERS-ART)

WWW.BPDAWARENESS.COM.AU