



mhpn
Mental Health Professionals' Network

MEETING INVITATION



**Australian BPD
Foundation Limited**
*Support Promote Advocate
for Borderline Personality Disorder*



Dear Members,

This year's BPD Awareness week campaign is, '*Flipping the Script: Changing the Narrative on BPD*' which aims to change the way we think and talk about borderline personality disorder.

As part of BPD Awareness week you are warmly invited to the next meeting of the **Victorian Borderline Personality Disorder (BPD)** Mental Health Professionals Network:

An overview of using Sensory Modulation with people with Borderline Personality Disorder

Tuesday, 6th October 2020

About the session:

Building skills in emotion regulation and navigating times of emotional crises are essential therapeutic elements when working with individuals with borderline personality disorder (BPD). Sensory modulation* is being recognised as an evidence based, recovery and trauma informed and effective intervention in this space, helping people to improve self management skills and enhance wellbeing and quality of life.

***Sensory Modulation can be defined as "changing how you feel through using your senses"**

This webinar will provide an overview of using sensory modulation with people with Borderline Personality Disorder and tailoring it to the person to ensure the strategies are safe, appropriate, individualised and meaningful.

The presenters will highlight a number of key sensory modulation strategies they have found most useful and suggest additional resources and tools to assist with future implementation of sensory modulation into clinical practice.

*This is a free event, but registration is required. Click [here](#) or the link below to register! **Please note:** this invitation has been extended to members of BPD MHPN's across states as it will be delivered online.*

About the speakers:

Carolyn Fitzgibbon and Julie O'Sullivan are Mental Health Occupational Therapists and Directors of Sensory Modulation Brisbane.

Carolyn and Julie have published books and online training on Sensory Modulation to

assist mental health clinicians in getting started in using sensory modulation. Julie and Carolyn have over 20 years' experience in public, private and non-government organisations in inpatient and community Mental Health settings. Further information:

<http://sensory-modulation-brisbane.com/>

<https://www.barnesandnoble.com/w/sensory-modulation-carolyn-fitzgibbon/1128221915>

<https://www.eventbrite.com/e/using-sensory-modulation-online-course-tickets-107405992214>

Meeting details:

Date	Thursday 6 th October 2020
Time	8pm AEDT; 7pm AEST (session will run for approx. 2 hrs)
Register	REGISTER NOW
Coordinator	Rita Brown
Location	Online, via your computer. <i>This meeting will be conducted via video conference.</i>
Log in link	The login link will be sent to you once you have registered for the meeting.
Further information	Check you have the system requirements and view the video tutorial on how to join the meeting.



Find and [join networks](#)
Register for [upcoming webinars](#)
View the [webinar library](#)
Register to [become a guest speaker](#)

Visit us at:



If your details have changed, please [update your contact details](#).

If you no longer wish to receive invitations to this network's meetings, please [Unsubscribe](#).

Disclaimer: MHPN meeting content is determined by the network to help meet local mental health needs. Opinions presented at meetings do not necessarily reflect the views of MHPN. Meeting content remains the property of the owner and should not be construed as an endorsement, approval or recommendation by MHPN.